



## Bergen Bike Tour

c/o Volunteer Center of Bergen County, Inc.  
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### **REGISTRATION OPENS FOR BERGEN BIKE TOUR Tour Goes Green to Promote Conservation**

BERGEN COUNTY--Registration is now open for the thirteenth annual Bergen Bike Tour, on Sunday, September 28, at Darlington County Park, in Mahwah. All proceeds benefit **Tomorrows Children's Fund at Hackensack University Medical Center** and the **Volunteer Center of Bergen County**.

The event includes 50-, 25- and 10-mile routes for cyclists of every level that wind through scenic areas of 16 northern Bergen County towns. 50-mile cyclists start at 8:00 AM, 25-milers at 9:00 AM and 10 milers at 10:30 AM; check-in is a half-hour before each ride starts.

A special Kids Ride will be held at 10:45 AM for little ones on big wheels and tricycles as well as those not yet ready for the 10-mile route. All children must be supervised by a parent or guardian.

Following the cycling events, a family fun picnic will be held from 11 AM-12:30 PM featuring a DJ, clowns, games, and a home-cooked barbeque. Registration is \$35 per rider (\$40 after September 19). Families who ride together pay a reduced fee of \$70 for up to four family members over age eight (\$75 after September 19) and just \$15 per person for more than four family members. Children 8 and under are free. All registered riders receive a long-sleeved T-shirt, goody bag, breakfast, and a picnic lunch.

"In an effort to draw attention to conservation of resources, this year's Bergen Bike Tour is again 'going green'", says Phil Murphy, who founded the Bike Tour and serves as its chairman. "In addition to raising funds, the Bergen Bike Tour is encouraging the use of bicycles to save energy, promote healthful exercise, and appreciate the joys of the great outdoors. This year's event will also produce printed materials on recycled paper, use locally produced and/or locally grown

products, and recycle as much as possible afterwards. We'll also have information available at the event on how everyone can help conserve precious natural resources.”

Mr. Murphy continues, “This is an amazing event in that it is entirely local. We are very proud that during the past decade, we have been able to turn over more than 75 percent of the Bike Tour’s proceeds to our two charities.”

Murphy, who is a resident of Oakland and a partner with Murphy, Miller and Baglieri in Glen Rock, explained that this is a much higher rate of return than most similar events. The Bergen Bike Tour Steering Committee, comprised of CPA’s, lawyers, bankers and doctors, keeps expenses as low as possible in order to maximize the net proceeds.

Approximately 500 cyclists are expected to participate. Corporate or family teams are welcome. Participants are expected to raise \$100 per individual or \$200 per family. Prizes to top fundraisers will be awarded.

Kids’ Event sponsor is Ford Motor Company, Diamond sponsor is TD Banknorth. Platinum Sponsors to date are Amper, Politziner and Mattia, Columbia Bank, Eisai, Inc., PNC Bank, Ramsey Auto Group, and Joel Tanis and Sons. Gold sponsors are Bolkema Fuel, Garden State Wiper, Inc., Inserra Supermarkets, Inc., Oritani Savings Bank, Rockland Electric Company, Andrew F. Rubenstein, M.D., WithumSmith+Brown.

Register on line at [www.bergenbiketour.org](http://www.bergenbiketour.org). To receive a detailed brochure, or for information about sponsorship and teams, call 1-877-BER-BIKE (237-2453) or email [info@bergenvolunteers.org](mailto:info@bergenvolunteers.org).

